

# PREPAREDNESS TEST

1. Has your family rehearsed fire escape routes from your home? YES - NO
2. Does your family know what to do before, during, and after an earthquake or other emergency situation? YES - NO
3. Do you have heavy objects hanging over beds that can fall during an earthquake? YES - NO
4. Do you have access to an operational flashlight in every occupied bedroom? (use of candles is not recommended unless you are sure there is no leaking gas) YES - NO
5. Do you keep shoes near your bed to protect your feet against broken glass? YES - NO
6. If a water line was ruptured during an earthquake, do you know how to shut off the main water line to your house? YES - NO
7. Can this water valve be turned off by hand without the use of a tool? Do you have a tool if one is needed? YES - NO
8. Do you know where the main gas shut-off valve to your house is located? YES - NO
9. If you smell gas, do you know how and would you be able to shut off this valve? YES - NO
10. Gas valves usually cannot be turned off by hand. Is there a tool near your valve? YES - NO
11. Would you be able to safely restart your furnace when gas is safely available? YES - NO
12. Do you have working smoke alarms in the proper places to warn you of fire? YES - NO
13. In case of a minor fire, do you have a fire extinguisher that you know how to use? YES - NO
14. Do you have duplicate keys and copies of important insurance and other papers stored outside your home? YES - No
15. Do you have a functional emergency radio to receive emergency information? YES - NO
16. If your family had to evacuate your home, have you identified a meeting place? YES - NO

## IF AN EMERGENCY LASTED FOR THREE DAYS ( 72 HOURS) BEFORE HELP WAS AVAILABLE TO YOU AND YOUR FAMILY.....

17. Would you have sufficient food? YES - NO
18. Would you have the means to cook food without gas and electricity? YES - NO
19. Would you have sufficient water for drinking, cooking, and sanitary needs? YES - NO
20. Do you have access to a 72 hour evacuation kit? YES - NO
21. Would you be able to carry or transport these kits? YES - NO
22. Have you established an out-of-state contact? YES - NO
23. Do you have a first aid kit in your home and in each car? YES - NO
24. Do you have work gloves and some tools for minor rescue and clean up? YES - NO
25. Do you have emergency cash on hand? (During emergencies banks and ATMs are closed) YES - NO
26. Without electricity and gas do you have a way to heat at least part of your house? YES - NO
27. If you need medications, do you have a month's supply on hand? YES - NO
28. Do you have a plan for toilet facilities if there is an extended water shortage? YES - NO
29. Do you have a supply of food, clothing, and fuel where appropriate:  
For 6 months? For a year? YES - NO

These are all questions that need answers if you are to be safe in an emergency.  
If you answered 'No' to any of them, its now time to work on getting those items done.

## **How to prepare as a family so you can be available to perform your ECS duties in an emergency**

### **Family Preparations/Family Plans/ Family Kits**

"It is not enough just to live, just to survive .It is incumbent on each of us to equip ourselves to do something worthwhile .... No matter how old we become, we can acquire knowledge and use it. We can gather wisdom and profit from it. We can grow and progress and improve – and, in the process, strengthen the lives of those within our circle of influence. "

(Gordon B. Hinckley)

**Preparedness is not an all - or - nothing thing. Something is much better than nothing, even if the something is just a little bit of something.**

### **Family Plans :**

"Preparedness is being in control during out-of-control situations."

As a family, you need a sound family plan for disaster events. Your family emergency plan will: provide an adequate supply of food, water, clothing, medical supplies, and equipment.

1. Develop a family plan
2. Assign responsibilities
3. Establish accountability
4. Rehearse your family plan
5. Then put your plan on paper: Where supplies are located, escape routes, and utility turn off locations. Post the complete plan for family members, baby sitters and neighbors before and during emergencies.
  - A. Sketch the floor plan of the place where you live.
  - B. Show a second way to exit from each room (and if you need special equipment, where it is stored).
  - C. Make notations of areas where emergency 72 hr. kits for each family member of food, water, first aid kit and fire extinguisher are stored.
  - D. Mark locations of gas, water (house and street) and electricity turn off, including wrench and other necessary tools.
  - E. Indicate location of family's outdoor meeting place.

- F. Note safest place to be in each room during an earthquake.
  - G. Locate hazards in your home and how they can be corrected.
  - H. List out-of-state Family Contact's name and phone number.
  - I. List the date your plan was prepared and the date for its next revision.
6. Gather important documents and scan, copy on CD/DVD's, USB flash drive .Or you can store in a fireproof/waterproof safe is also a good way to protect documents from other natural disasters, as long as you can locate the safe after a disaster is over.
- Wills and Trust (In most instances you will need the original for it to be legally binding. It is recommended that you make several copies since no state or city office keeps a record of wills.)

Power of attorney, Guardianship, Property value, Personal property

- Personal and family records- Cherished photos and keepsakes, family videos ,family heirlooms, fingerprints of children ,family histories ,Genealogies, journals, diaries, etc.
- Legal and financial documents, Income for both spouse, Assets, Stocks/bonds, Tax returns (last 4yrs), social security card or card #'s for each family member.
- Monthly expenses – Budget, Bills, Outstanding debts
- Insurance - Life: agent and policy# , Auto : agent and policy#, Home : agent and policy #, Medical : agent and policy #
- Immunizations- Records and Medicine for each family member.
- Copies of Birth certificates, Marriage certificates, Vehicle registration/titles, Deeds, Diplomas, Military, School certificates, Passports, Visas, Citizenship papers, etc.
- Cash (checks and credit cards are typically ineffective during a major emergency )suggestion- \$100-\$200 in cash ,small bills, rolls of quarters, dimes, nickels, and pennies.
- Keys
- Account numbers, Bank deposits – Safe deposit box information, Checking, Savings
- Inventory of valuable household items (include pictures)
- Jewelry, Collectors items
- Any other items that would be difficult to replace. You might not want all of this in your evacuation kit. Decide what is most important

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to have access to should your information at home be inaccessible, and put only those in your kit.

# Emergency Information

Poison Control

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Out-of -State Emergency

Contact

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Family Emergency

Contact

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Water / Sewer

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Insurance Contact

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Work

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Hospital

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Doctor

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Pharmacist

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Dentist

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Electric Company

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Gas Company

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Fire Station

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Police Station

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Animal Control

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School

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Neighbors

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Bishop

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Relief Society Pres.

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Home Teachers

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Visiting Teachers

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